JUNE 12, 2011

VICTORIA YOUTH TRIATHLON REGISTRATION FORM

LAST NAME_____

FIRST NAME_____

EMAIL_____

ADDRESS_____

CITY_____

POSTAL CODE_____

PHONE_____

AGE AS OF DEC.31, 2011_____

SEX: _____BIRTH DATE_____

SWIM TIME FOR YOUR AGE GROUP

50m_____100m_____150m_____

200m_____300m_____

Swim Coach/ Lifeguard signature_____

INDIVIDUAL_____ or RELAY_____

JUNIOR ELITE_____TRIBC#_____

SCHOOL NAME_____

Athlete With A Disability(AWAD)_____

RELAY CATEGORY

Junior_____Interm_____Senior_____

Male_____Female_____ Mixed_____

Swimmer_____Biker_____ Runner_____

RELAY TEAM NAME_____

ENTRY FEE (payable to **TEAM WEST COAST**)

$30_____**NO SHIRT AFTER MAY 31ST**

$90_____ALL RELAY TEAMS

T-SHIRT Size

YOUTH Small____Medium___Large___

ADULT Small___Medium___Large___X-Large___

Interested in volunteering at the triathlon?

Contact Mike Roth email at

teamwestcoast@ymail.com

Parents are asked to volunteer on race day;

help with set up, take down, & marshalling.

Check to be contacted for more info _____

THANKS TO THE FOLLOWING

FOR THEIR SUPPORT!

RC RIDERS CYCLES VICTORIA B.C.

BREADSTUFFS bakery

LifeSport COACHING

FRONTRUNNERS

PACIFIC COAST SWIMMING

Island Swimming

25th Anniversary!

The Victoria Youth Triathlon

OPEN TO ALL ABILITIES

TEAM WEST COAST VICTORIA CANADA

SWIM BIKE RUN

SUNDAY,

JUNE 12th, 2011

University of Victoria

McKinnonBldg.

Proudly Presented By

TEAM WEST COAST

Sanctioned by

TRIATHLON BC

VICTORIA YOUTH TRIATHLON

SUNDAY, JUNE 12th, 2011

The Victoria Youth Triathlon provides youth with an enjoyable and safe introduction to the world of triathlons.

- Greater Victoria School Championships
- Kids of Steel Triathlon Series Race

HEAT TIMES

AGE	BRIEFING	RACE(S)
Age 14-17	7:15 AM .	7:30 AM
NEW RECREATIONAL ALL TEEN HEAT		
ALL Senior & Intermediate Relays		
**********		
Age 12-13	7:45 AM.	8:00 AM
ALL JR Relays	8:15 AM	8:30 AM.
**********		
Age 10 - 11	8:45 AM	9:00AM
	9:15 AM	9:30AM
	9:45 AM	10:00 AM
**********		
Age 8-9	10:15 AM	10:30 AM
	10:45 AM	11:00 AM
	11:15 AM	11:30 AM
**********		
Age 6-7	11:15 AM	11:35 AM

AWARDS start at 12:15 PM

ENTRY FEE

- Single, $30 - Relays, $90

Make cheque payable to **TEAM WEST COAST**

T-SHIRT DEADLINE

TUESDAY, MAY 31st

REGISTRATION LIMITED TO 288!

(108 MAX PER AGE GROUP)

LATE ENTRIES - NO T-SHIRTS ACCEPTED UNTIL JUNE 8TH

BIKE AND HELMET SAFETY CHECK

All participants **MUST** have their bike checked at **RIDER'S CYCLE,** 1092 Cloverdale Avenue,

Tuesday, June 7th or Wednesday, June 8th, 6 pm to 9 pm.

- **BRING** an ANSI, Snell, or CSA approved **HELMET.**
- **ONLY OUT OF TOWN** competitors will be checked on race morning at **7:15 a.m**.

CHECK NEW TRIBC RACE RULES!

www.tribc.org/young-athletes-kids-of-steel

SWIM TIME

- Swim time must be verified by a lifeguard or a swim coach or participants must complete a swim test.

-For a swim test time, Call **Mark Lancaster, 721-1986**

or **AvilaRhodes, 477-9325**

EVENT DETAILS

AGE	SWIM	BIKE	RUN
NEW RECREATIONAL **ALL** TEEN EVENT			
AGE 14-17	300 m	**10 k**	3 k
and **ALL** Senior & Intermediate Relays			
AGE 12-13	200 m	**8 k**	2 k
and **ALL** Junior Relays			
AGE 10 - 11	150 m	**6 k**	2 k
AGE 8 - 9	100 m	4 k	1 k
AGE 6 - 7	50 m	2 k	500m

NOTE: AGE AS OF DECEMBER 31, 2011

AWARDS

- Unique T-SHIRT and MEDALS for ALL finishers!
- RIBBONS to top five male and top five female finishers in each age group
- RELAY RIBBONS to top three teams
- SCHOOL AWARD to the TOP TEAM (top 5 scores)
- SCHOOL AWARD for the LARGEST TEAM

REGISTRATION MUST include:

-Completed **REGISTRATION FORM**(over).

-Verified **SWIM TIME**

-**SIGNED WAIVER** at the bottom of page.

-Copy of participant's **BIRTH CERTIFICATE**

* from **FIRST TIME COMPETITORS***

-**CHEQUE** payable to TEAM WEST COAST

MAIL EARLY TO:

BRUCE TURCOTTE
1531 Stockton Crescent
VICTORIA, B.C.
V8P-3B7 **or**

Drop off at **FRONTRUNNERS VICTORIA Only!**

DEADLINE: MAY 31st, 2011

RELAY RULES:

- Junior Relay for athletes 12 & 13.
- Intermediate Relay for athletes 14 & 15.
- Senior Relay for athletes 16 & 17.
- A younger athlete **MAY compete** on an older team but **MUST** complete the longer distance.
- Each team member fills out an entry form.
- Forward **ALL THREE** entry forms with copy of birth certificates and a cheque.

ATHLETE'S WAIVER: MUST be read and signed by your parent or legal guardian:

"In consideration of you accepting this entry, I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights or claims, for damages against the organizers of this event, or their agents, representatives, successors, and assigns or the race's sponsors, or Triathlon BC for any and all injuries I may sustain during the course of the event, including negligence."

_____

Signature Date